

USING A GROUP VOCAL FORUM TO PRIORITISE TRAINEE WELLBEING AMIDST CLINICAL SERVICE PROVISION, REDEPLOYMENT AND COVID-19 PANDEMIC

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Positive Themes



Challenging Themes



RESULTS

The **positive themes** included an emphasis on the novelty of gaining new experiences and skills including personal care, 1:1 nursing and team working in a friendly environment.

Challenging themes explored the difficulty in communication with the medical team in a nursing capacity and the poor communication observed between these teams. Other difficult tasks included undertaking personal cares and the emotional demand of caring for patients.

Learning themes recognised the importance of valuing different team members' and benefit of team work with a flatter hierarchy.

Other learning themes included the merit of understanding and compassion in workplace interactions especially towards nursing staff.

INTRODUCTION/METHODS

COVID 19 has led to widespread ramifications on the delivery of healthcare across the globe. There has been little coverage in both scientific papers and media about the redeployment of healthcare professionals with no prior exposure or training in adult medicine or adult ITU.

The RCPCH survey of COVID 19 health services report records that up to 20% of Tier 1 staff had been redeployed during the COVID 19 pandemic to undertake unfamiliar roles. The immediate and long term impact on psychological wellbeing are yet to be measured.

The purpose of this study was to enable a group forum for vocal reflection on the experiences of redeployment to ITU (in a nursing capacity), document learning and building on experiences

Co-ordinated meeting junior paediatric trainees sharing prepared reflection of their redeployed experiences in the format of:

1. **Positive**
2. **Challenging**
3. **Learning and development**

Learning and development themes documented and analysed.

Learning Themes



CONCLUSION

- Themes that emerged highlighted the psychological impact of redeployment on the junior trainee group
- The use of vocal reflective sessions can be a welcome addition to the resources already provided by organisations such as RCPCH/BMA- providing a platform for openness and leading to support and awareness within local teams and Trusts. This can be opportunity for leadership and learning for both trainees and trainers.
- Whilst there is research on the effect of short term workplace trauma. There has been little research on the short and long-term impact of redeployment on junior doctor's wellbeing.