TREx: Thames Valley Reporting Excellence

A Journey of Appreciation

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A trainee devised and led initiative

Thames Valley Reporting Excellence (TREx) was formed in 2018 by Dr Amanda Mohabir and Dr Sally Shiels. Inspired by the Learning from Excellence (LfE) philosophy started by Drs Adrian and Emma Plunkett, they recognized the importance of bringing this growing community together in the Thames Valley.

The first TREx event was held at the University of Reading in October 2018 supported by the Patient Safety Collaborative. It brought together over 80 healthcare workers including: doctors, nurses, midwives and hospital leaders. The day had inspirational talks from Dr Suzette Woodward, an internationally respected patient safety expert, Steve McManus CEO of RBH and the surgeon and Olympic gold medalist Mr Richard Dodds OBE. Suzanne Quinney of Appreciating People gave attendees an introduction to the principles of appreciative inquiry (AI). Members of the LfE teams from around the region also shared their experiences with developing excellence reporting.

The World Appreciative Inquiry Conference held in Nice in March 2019 presented the opportunity to further expand our understanding of how AI can take excellence reporting to the next level in the NHS. The TREx team led a workshop which brought healthcare conversations out of hospitals and to the AI community. The second presentation shared the work done as TREx. Our experience at this conference has been influential in moving TREx forward. By improving links in the NHS and strengthening the LfE community we can continue to learn from what works well to improve the safety of patients and the wellbeing of healthcare workers.

*Seeing how AI has been successful as a technique in the commercial sector has been **empowering**, but seeing its success in healthcare is **inspiring**.*

October 2018 TREx1

Hosted by Royal Berkshire Hospital & Oxford AHSN

Looking forward to some interesting discussions and gathering further insights at the NHS Thames Valley Excellence Reporting Sharing event #TVER2018

TREx_NHS @NhsTrex · Oct 15, 2018
Matt Maton-Howarth spoke of excellence reporting from the perspective of the recipient. It promotes self reflection, builds on existing strengths and has the potential to change culture at an organizational level. #TREx_NHS

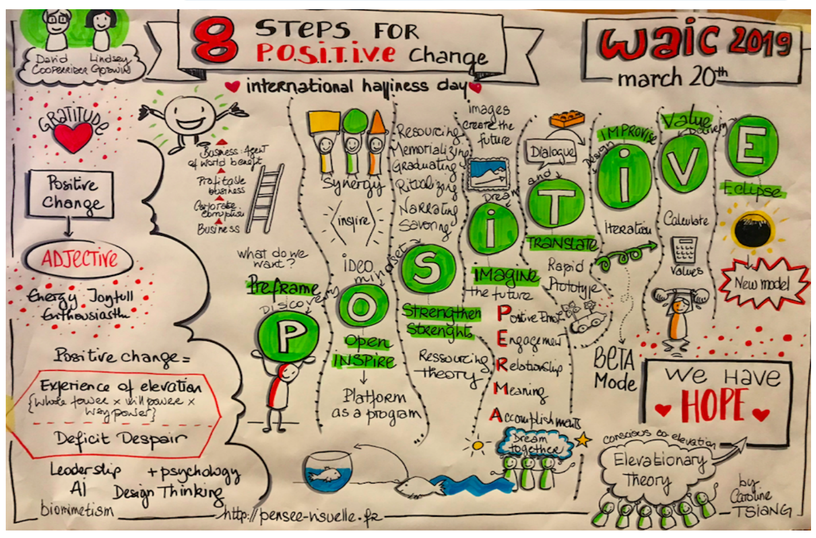
TREx_NHS @NhsTrex · Oct 15, 2018
Patient focus, relentless positivity and the freedom to speak up about successes are three of the messages that Steve McManus @RBHNHSFT has shared at #TREX_NHS

TREx_NHS @NhsTrex · Oct 15, 2018
@SuzetteWoodward shares with us a need for language change: we should be learning from the unexpected. Performance variability is inevitable and necessary. Safety 2 is achieved by trying to make sure things go right rather than preventing them from going wrong. #TREx_NHS

March 2019 WAIC

World Appreciative Inquiry Conference, Nice

TREx_NHS @NhsTrex · 22 Mar
Thank you to another group of inspiring attendees at #WAIC2019 bringing the @NhsTrex story to the AI worldwide community! All our patients and colleagues can benefit from Learning from Excellence. @JoeHMK @CEO_RoyalBerks @PS_Oxford @dan_jones6 @PtSafetyWM @KateBurkeNHS



September 2019 TREx2: Milton Keynes