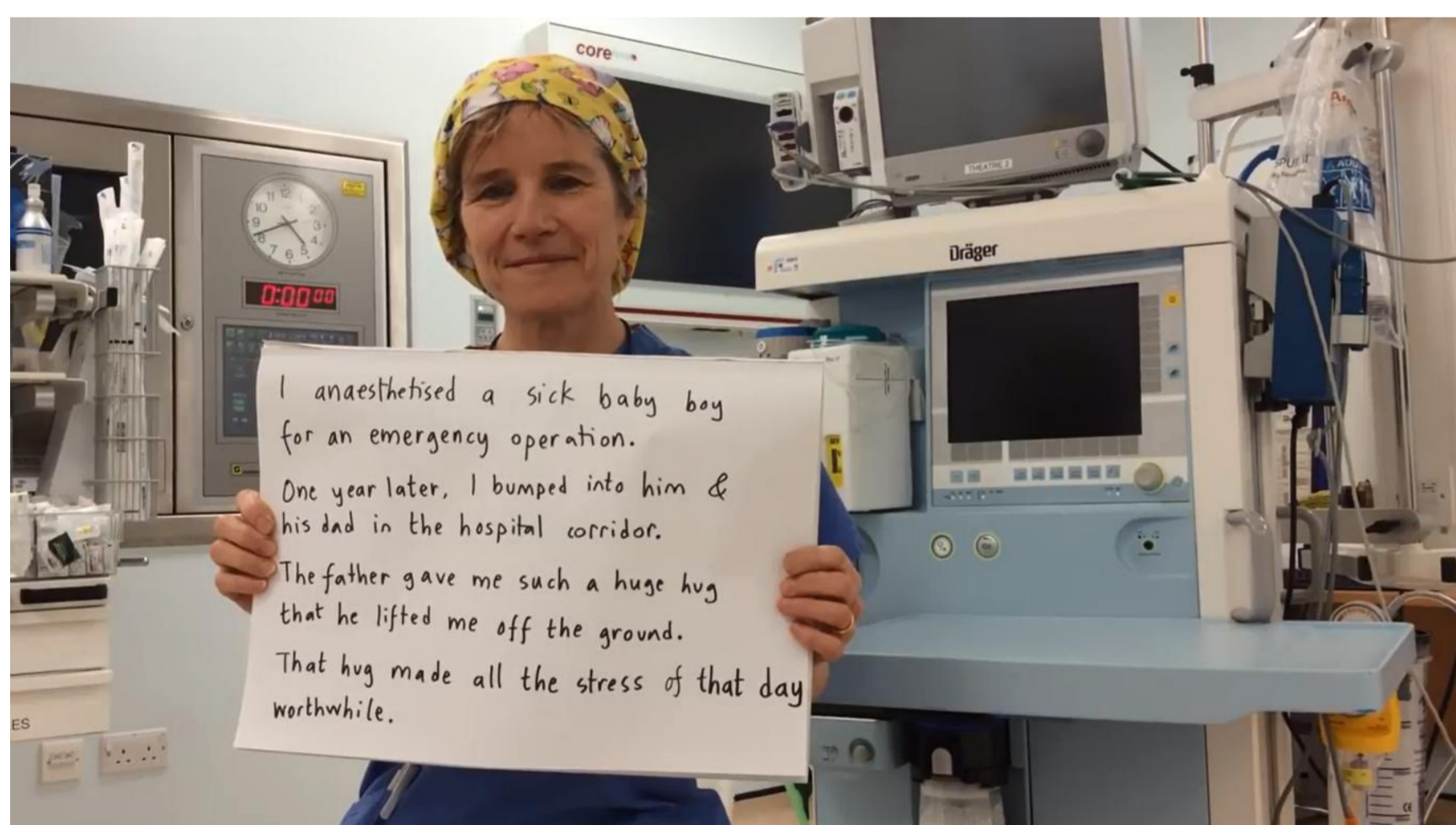


Using filmmaking to remind our staff what motivates them at work

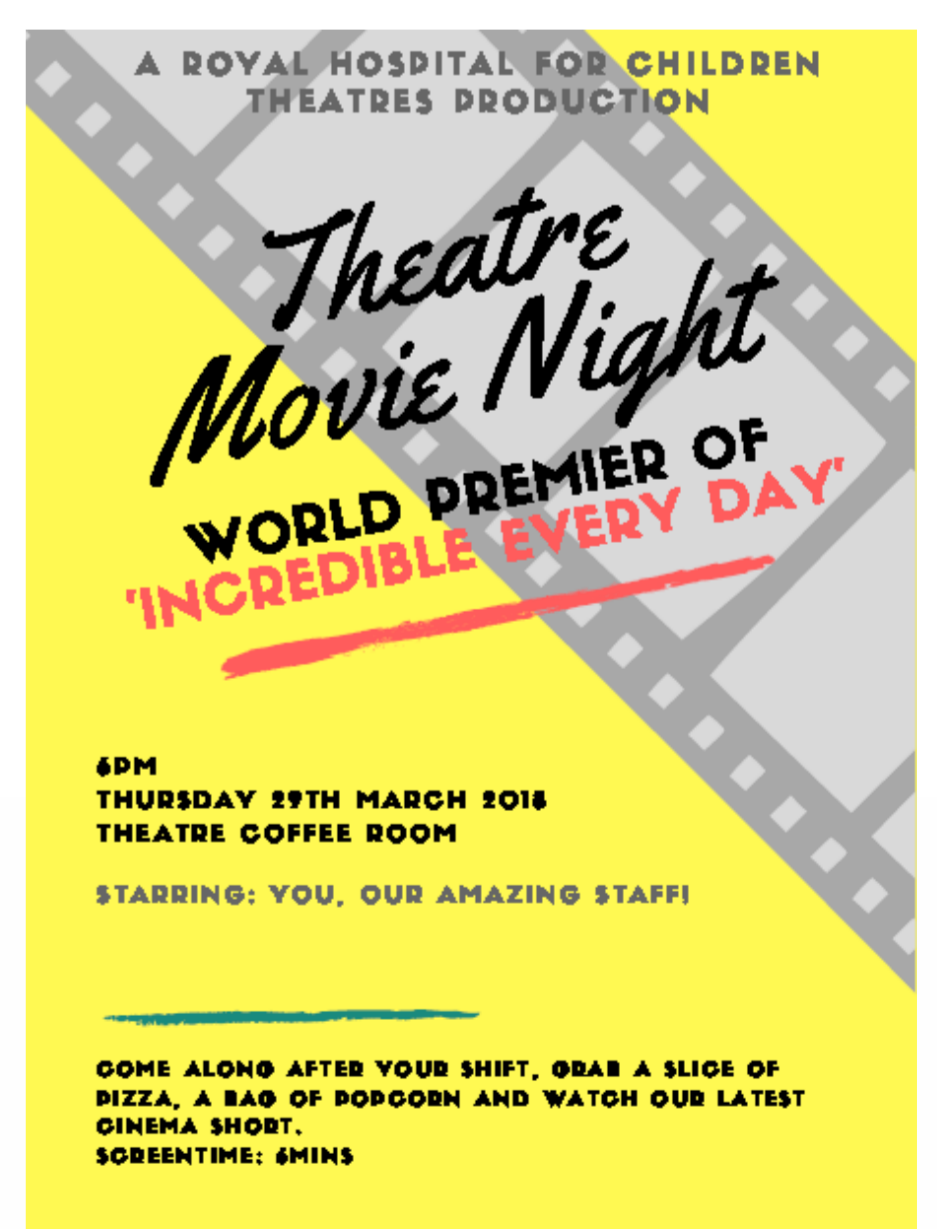
Dr Alyson Walker, Consultant Paediatric Anaesthetist, Royal Hospital for Children, Glasgow

Our theatre team are no strangers to hard work, stressful situations, critical care and complex operations. They help patients and parents through some of the most stressful situations, often going 'above and beyond' to provide their patients with the best care possible. It can be easy to forget to take the time to reflect on the enormity of what they do every day.



In our self-produced film '**Incredible Every Day**' our team reflected on some of their most remarkable days at work. Staff were asked "in one word, what keeps you coming back to work?". The replies showed a team full of compassion, dedication, positivity and a love for their work.

Over pizza, popcorn and ice-cream our team held a 'movie night' and watched our film together. This shared moment was special and bonding. Taking time to make these moments within our busy NHS is invaluable. Our film has since been viewed by other hospitals to remind staff what an incredible job they do.



To watch our film, search for 'NHSGGC Incredible Every Day' on YouTube.

